## Dua to remove sorrow and grief

اَللَّهُمَّ إِنِّي عَبْدُكَ وَابْنُ عَبْدِكَ وَابْنُ أَمَتِكَ O Allah, I am Your slave and the son of Your male slave and the son of your female slave نَاصِيَتِي بِيَدِكَ مَاضِ فِيَّ حُكْمُكَ عَدْلٌ فِيَّ قَضَاؤُكَ My forehead is in Your Hand Your Judgment upon me is assured and Your Decree concerning me is just أَسْأَلُكَ بِكُلِّ اسْم هُوَ لَكَ سَمَّيْتَ بِهِ نَفْسَكَ I ask You by every Name that You have named Yourself with أَوْ عَلَّمْتَهُ أَحَدًا مِنْ خَلْقِكَ أَوْ أَنْزَلْتَهُ فِي كِتَابِكَ or taught any one of Your creation ,or revealed in Your Book أُو اسْتَأْثَرْتَ بِهِ فِي عِلْمِ الْغَيْبِ عِنْدَكَ or kept unto Yourself in the knowledge of the unseen that is with You أَنْ تَجْعَلَ الْقُرْآنَ رَبِيعَ قَلْبِي وَنُورَ صَدْرى to make the Qur'an the spring of my heart, and the light of my chest وَجِلَاءَ حُزْني وَذَهَابَ هَمِّي

the banisher of my sadness and the reliever of my distress